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IN CASE OF EMERGENCY			
EMERGENCY RESPONSE		9-1-1	
VISIT THE NEAREST HOSPITAL		EMERGENCY DEPARTMENT	
RESOURCES FOR CRISIS AND IMMEDIATE INTERVENTION			
For all individuals >>	Arizona Crisis Line (Maricopa County)	602-222-9444	
For all individuals >>	National Suicide Prevention Lifeline	800-273-8255 (TALK)	
For all individuals >>	Empact for Survivors of Suicide	480-748-1514	
For all individuals >>	Terros Crisis	602-685-6000	
For teens >>	Teen Lifeline (www.teenlifeline.org)	602-248-8336 (TEEN)	
For veterans, active duty >>	Veteran Crisis Line	800-273-8255, press 1	
For doctors needing help >>	Physician Support Line (www.physiciansupportline.com)	800-409-0141	
INTENSIVE PSYCHIATRIC TREATMENT (INPATIENT, OUTPATIENT, IOP, PHP, RESIDENTIAL)			
☐ AURORA Behavioral Health	6350 S Maple Ave, Tempe , AZ 85283 6015 W Peoria Ave, Glendale , AZ 85302 www.auroraarizona.com	480-345-5400	Psychiatric, Substance Abuse, Inpatient, IOP, Adult, Adolescent, Geriatric
☐ OASIS Behavioral Health	2190 N Grace Blvd, Chandler , AZ 85225 1120 E 6 th St, Casa Grande , AZ 85122 www.obhhospital.com	800-844-6435	Psychiatric, Substance Abuse, Addiction, Dual Diagnosis, Adult, Adolescent
☐ MEADOWS Behavioral Health	19120 N Pima Rd Ste 125, Scottsdale , AZ 85255 www.themeadowsiop.com	800-244-4949	Psychiatric, Substance Abuse, Inpatient, IOP, Adult, Adolescent
☐ QUAIL RUN Behavioral Health	2545 W. Quail Ave., Phoenix , AZ 85027 www.quailrunbehavioral.com	602-455-5700	Psychiatric, Adolescent, Adult, Geriatric, Inpatient, IOP, PHP
☐ BANNER Behavioral Health	7575 E Earll Dr, Scottsdale , AZ 85251 www.bannerhealth.com	480-448-7500	Psychiatric, Adolescent, Adult, Geriatric, Inpatient, IOP, PHP, Detox
☐ Copper Springs	3755 S Rome St, Gilbert , AZ 85297 10550 W McDowell Rd, Avondale , AZ 85392 www.coppersprings.com	480-667-5500	Psychiatric, Substance Abuse, Inpatient, IOP, Adult
☐ ROSEWOOD Centers for Eating Disorders	36075 S. Rincon Road, Wickenburg , AZ 85390 950 W. Elliot Road #201, Tempe , AZ 85284 www.rosewoodranch.com	844-203-8416	Psychiatric, East Disorder, Inpatient, IOP
☐ Calvary Healing Center	720 E Montebello Ave, Phoenix , AZ 85014 1400 N Gilbert Rd, Suite F, Gilbert , AZ 85234 www.calvarycenter.com	602-730-2556 602-279-1468	Inpatient, Outpatient, IOP, PHP, Substance Abuse, Addiction, Dual Diagnosis
☐ Pasadena Villa	119 Pasadena Place, Orlando , FL 32803 3889 Wonderland Lane, Sevierville , TN 37862 www.pasadenavilla.com	520-205-2781	Psychosis, Schizophrenia, Autism, Severe Depression, Bipolar Disorder, Inpatient, Residential
☐ Recovery Ways	4848 Commerce Dr, Murray , UT 84107 www.recoveryways.com	928-499-1874 844-904-7258	Psychiatric, Substance Abuse, Adult, Inpatient, Residential
☐ Canyon Vista Recovery Center	860 N. Center St, Mesa , AZ 85201 www.canyonvista.com	480-464-5764	Substance Abuse, Adult, Inpatient, Residential
INTENSIVE OUTPATIENT ONLY			
☐ Rising Phoenix Wellness Services	7807 E Greenway Rd Ste 5, Scottsdale AZ 85260 www.risingphoenixaz.com	480-233-4532	Substance Abuse, Dual Diagnosis
☐ Recovia	1910 E Southern Ave, Tempe , AZ 85282 19636 N 27 th Ave, Ste 106, Phoenix , AZ 85027 www.recovia.us	480-712-4600	Chronic Pain, Psychiatric, Substance Abuse, Dual Diagnosis
SMI & AHCCCS AGENCY			
☐ Partners in Recovery	5222 E Baseline Rd, Ste 101, Gilbert , AZ 85234 4330 E University Dr, Mesa , AZ 85205	480-659-0202	Psychiatry, Case Management, AHCCCS
☐ La Frontera EMPACT	618 S Madison Dr, Tempe, AZ 85281-7248 www.lafrontera-empact.org	480-784-1514	Psychiatry, Case Management, AHCCCS
☐ Lifewell Behavioral Wellness	262 E. University Dr, Mesa AZ 85201 www.lifewell.us	602-808-2800	Psychiatry, Case Management, AHCCCS
☐ Jewish Family & Children's Services	880 N. Colorado St, Gilbert, AZ 85233 www.jfcsaz.org	480-820-0825	Psychiatry, Case Management, AHCCCS
☐ Southwest Network	1465 West Chandler Blvd. Bldg. A, Chandler, AZ 85224 www.southwestnetwork.org	480.786.8200	Psychiatry, Case Management, AHCCCS
☐ Terros Health	1465 West Chandler Blvd. Bldg. A, Chandler, AZ 85224 www.terroshealth.org	602-685-6000	Psychiatry, Case Management, AHCCCS
PSYCHIATRY (Medication Management)			
☐ Melissa Ramirez, MD Kelly Huffaker, PMHNP	LIGHTHOUSE PSYCHIATRY Advanced TMS & Counseling 4001 E Baseline Rd Ste 204, Gilbert AZ 85234 www.LighthouseTMS.com	480-565-6440	Adults/Child Psychiatry, TMS, Medication Management
☐ Amiee Kafer, DO	Desert Horizon Integrative Medicine 840 E McKellips Rd. Ste. 110, Mesa AZ 85203 www.deserthorizonintegrativemedicine.org	602-470-5520	Adult/Child Psychiatry, Medication Management, Counseling/Therapy, MEDICARE, AHCCCS



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☐ Brad Zehring DO	Arizona Restorative Psychiatry 459 N. Gilbert Road, Suite C-110, Gilbert Arizona 85234 www.arizonarestorativepsychiatry.com	480-935-3200	Adult Psychiatry, Medication Management, Eating Disorder
☐ Christy Ollloh, DNP	Maricopa Christian Psychiatry 3130 N Arizona Ave Ste 101, Chandler AZ 85225 www.mcpgpsychiatry.com	480-284-8344	Adult/Child Psychiatry, Medication Management, Faith-based, MEDICARE, AHCCCS
☐ Elizabeth Brown, DO	Holistic Hope Psychiatry, PC 4001 E Baseline Rd Ste 204, Gilbert AZ 85234 www.holisticheopepsychiatry.com	480-220-9704	Adult Psychiatry, Medication Management, Faith-based
☐ Lauro Amezcua-Patino, MD	Metropolitan Neuro Behavioral Institute 70 N McClintock Dr Ste 4, Chandler AZ 85226 www.metronbi.com	480-464-4431	Adult Psychiatry, Medication Management, MEDICARE?, AHCCCS?
☐ Tariq Ghafoor, MD	Transitions Center 1030 E Guadalupe Rd, Tempe AZ 85283 www.transitionscenter.com	480-491-1898	Adult/Child/Addiction/Forensic Psychiatry, Medication Management, MEDICARE?, AHCCCS?
☐ Farida Rassawala, MD	Positive Mind Psychiatry 4100 S. Lindsay Rd Bldg. 6 Ste. 124, Gilbert AZ 85234 www.positivemindpsychiatry.com	480-361-1922	Adult Psychiatry, Medication Management
☐ Farkhanda Kahn, MD	Chandler Psychiatry PLLC 3195 S. Price Rd. Ste 150, Chandler AZ 85248 www.chandlerneurologyandsleep.com	480-722-0239	Adult Psychiatry, Medication Management
☐ Marc Schwartz, DO	Arizona Schwartz Group 1490 S Price Rd. Chandler, AZ 85286 www.azschwartzgroup.com	480-899-4077	Adult/Child Psychiatry, Medication Management, Counseling/Therapy
☐ Jack Shier, MD Anna Shier, DO	Shier Private Practice 8501 E Princess Dr. Ste. 100, Scottsdale AZ 85255 www.drshier.com	480-299-1965	Adult/Child Psychiatry, Medication Management, Addiction, Counseling/Therapy
☐ Michael C. Rockwell, MD	Northlight Counseling Associates, Inc 2633 E. Indian School Rd, Ste 360, Phoenix , AZ 85016 4121 E. Valley Auto Dr, Ste 122, Mesa , AZ 85206 www.northlightcounseling.net	602-285-9696	Adult Psychiatry, Medication Management, MEDICARE, AHCCCS
☐ Andrea Raby DO	Bayless Integrative Healthcare 3033 N Central Ave, Ste 700, Phoenix AZ 85012 www.baylesshealthcare.com	602-230-7373	Adult Psychiatry, Medication Management, MEDICARE, AHCCCS
☐ TeeJay Tripp, DO	Serenity Psychiatry 1501 N Gilbert Rd, Gilbert AZ 85234 www.serenity-psychiatry.com	480-630-4794	Adult/Child Psychiatry, Medication Management
COUNSELING - PSYCHOLOGY - THERAPY			
☐ Carol Melim, LCSW ☐ Rochelle Aguila, LMFT ☐ Suzanne Northey, LMFT	☐ Richard Thomas, LPC ☐ Alyssa Probert, LCSW ☐ Neal Holden, LCSW	☐ Estefana Johnson, LMSW ☐ Kendra Linck, LAC ☐ Jessica Shoff, LMSW	EMDR/Crisis Intervention, EMDR/Trauma, A.R.T./Trauma, Trauma-Focused CBT, CBT, DBT, ACT/Mindfulness, Marriage/Couples, Individual, Adults, Adolescents, Children, Foster/Adoptive, Gender & Sexuality, LGBTQ+, Anger Management, Grieving, Spiritual/Holistic-Focused Therapy
☐ Psychological Consulting Services	Psychological Consulting Services 7530 E. Angus Dr, Scottsdale, AZ 85251	480-947-5739	Individual/Family, Sex Addiction, EMDR/Trauma
☐ J.R. Evans, PsyD	Healthy Futures 8065 N. 85 th Way, Scottsdale, AZ 85258 www.healthyfuturesaz.com	480-451-8500	Gender & Sexuality, Eating Disorder, Individual, CBT, EMDR/Trauma
☐ LuAnn Roundy, LPC	201 W. Guadalupe Rd., Suite 300, Gilbert, AZ 85233 www.luannroundy.com	480-215-0556	Individual/Family, CBT, DBT
☐ Tally Iskovitz, LPC	Sunnyside Therapy and Counseling 64 E. Broadway Rd. Ste. 200, Tempe, AZ 85282 www.sunnysidetherapy.com	480-316-8877	Gender & Sexuality, Play Therapy, Individual/Family, CBT, EMDR/Trauma
☐ Carrie Crump LPC	Open Arms Counseling and Services 1176 E Warner Rd Ste. 110, Gilbert AZ 85296 www.openarmsfortherapy.com	602-689-1051	Family/Individual/Group, Pregnancy/Postpartum, Addiction,
☐ Susanne Goldstein, LPC	Mariposa Healing Center 8700 East Vista Bonita Dr Ste 138, Scottsdale AZ 85255 www.mariposahealingcenter.com	480-771-5400	EMDR/Trauma, NARM Therapy, Interpersonal
☐ Therese Kilgore, LPC	Sparrow Counseling 7165 E. University Dr. Ste 149, Bldg. 13, Mesa AZ 85207 www.sparrowcounseling.com	602-435-9157	Individual/Family, Couples, Christian Counseling, Life Transitions, Seniors
☐ Lori Lichte-Brill, PsyD	Spectrum Village 4150 W. Peoria Ave Ste. 133, Peoria, AZ 85029 www.spectrum-village.com	602-910-0526	Autism Spectrum, Relationship Issues, Neglect/Abuse
☐ Lisa Bravo, LPC	1490 S Price Rd Ste 202, Chandler, AZ 85286 www.thebravoeffect.com	480-248-7595	Substance Abuse
☐ Brenda L Currier, MAC, LISAC	Alive in Recovery Counseling LLC 1176 Warner Rd Ste 110, Gilbert AZ 85296 www.aliveinrecoverycounselingaz.com	480-482-0695	Substance Abuse



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☐	Total Life counseling	Total Life counseling 690 E. Warner Rd. Suite 115, Gilbert, AZ 85296 www.totallifeAZ.com	480-444-2434	Group/Individual/Family, IOP
☐	Arizona Marriage and Family Therapy Clinic	Arizona Marriage and Family Therapy Clinic 6100 W. Gila Springs Place, Suite 19, Chandler , AZ 85226 7581 S. Willow Drive, Suite 109, Tempe , AZ 85283 690 E Warner Rd, Building 10, Suite 152, Gilbert , AZ 85296 www.azmftclinic.org	480-282-8778	Individual/Family/Group, CBT, DBT, Couples/Marriage
☐	Sue Friend, LCSW	3240 E Union Hills Dr, Ste 149, Phoenix, AZ 85050	602-274-1616	Individual/Family, CBT, DBT
☐	Dan Oakes, LPC	Arizona Family Institute 2500 S. Power Rd. Mesa Arizona 85206 www.danoakeslpc.com	480-382-1257	Sex Addiction
☐	Joan Kay, LPC	8035 N 85 th Way, Scottsdale AZ 85258 www.evolvedpsych.com	480-485-4411	Individual/Family, EMDR/Trauma
☐	Arizona Family Therapy Group	Arizona Family Therapy Group 3048 E Baseline Rd Ste 108, Mesa, AZ 85204 www.arizonafamilytherapygroup.com	602-492-5055	Counseling for kids
☐	New Song Center for Grieving Children (Hospice of the Valley)	New Song Center for Grieving Children (Hospice of the Valley) 1305 S Gilbert Rd, Gilbert , AZ 85296 1510 E Flower St. Ste 2, Phoenix , AZ 85014 www.hov.org/our-care/grief-support/	480-951-8985	Grief counseling for kids
☐	Kris Godinez, LPC	Aha! Counseling AZ 4121 E Valley Auto Drive Ste 110, Mesa, AZ 85206 www.ahacounselingaz.com	480-422-6718	Grief counseling, Trauma, Individual, Gender Identity
☐	Jamie Castillo, LCSW	Find Your Shine Therapy 4700 S Mill Ave, Tempe AZ 85282 www.findyourshinetherapy.com	602-574-2574	Individual/Family, CBT, DBT, Couples/Marriage
☐	Katie Tufi, LCSW	Mindful Wellness of Arizona, PLLC 4111 E Valley Auto Dr Ste 101, Mesa, AZ 85206 www.mindfulwellnessaz.com	480-666-5502	Individual, CBT, Grief counseling
☐	Peter Tumolo, LPC	Growth Counseling 793 N Alma School Rd Ste D-6, Chandler, AZ 85224	480-227-6440	Individual, EMDR
PSYCHOLOGICAL ASSESSMENT & TESTING				
☐	Maylin Griffiths, PhD	Arizona Pediatric Assessment Center, LLC 2730 S Val Vista Dr, Suite 187, Gilbert, AZ 85295 www.arizonassessment.com	480-818-4149	Psychological Assessment
☐	Paula McCall, PhD	Next Step Psychology, LLC 4425 E. Agave Rd, Suite 140, Phoenix, AZ 85044 www.paulamccallphd.info	480-577-5442	Psychological Assessment
☐	Mia Gregor, PsyD Kathleen Bree, PsyD Sarah Karabatsos, PsyD	Banner Children's 1432 S Dobson Rd Ste 408, Mesa AZ 85202 www.bannerchildrens.com/clinicazneuro	480-412-7486	Pediatric Neuropsychological Testing
☐	Katrina Buwalda, PsyD	Buwalda Psychological Services 1405 E. Guadalupe Rd, Tempe, AZ 85283 www.buwaldapsychologicalservices.com	480-921-3314	Neuropsychological Testing
NEUROLOGY				
☐	Hemant Pandey, MD	Brain and Spine Center 4045 W Chandler Blvd, Chandler, AZ 85226 www.brainandspineaz.com	480-917-3706	
☐	Victor Salazar-Calderon, MD	515 W Buckeye Rd Ste 208, Phoenix, AZ 85003	602-258-3305	
☐	George Wang, MD	Neurology and Sleep Medicine Associates 2919 S Ellsworth Rd Ste 135, Mesa, AZ 85212 www.neurologyandsleep.com	480-967-6888	
☐	Barrow Neurological Institute	350 W Thomas Rd, Phoenix, AZ 85013 www.BarrowNeuro.org	800-227-7691	
NATUROPATHIC DOCTOR				
☐	Vanessa Ruiz, ND, RN	Integrative Mental Health Center 11000 N. Scottsdale Rd. Ste. 230, Scottsdale, AZ 85254 www.imhcaz.com	480-426-8040	
☐	Yasaman Tasalloti, ND	9375 E Shea Blvd, Suite 100, Scottsdale, AZ 85260 www.dryasnd.com	480-779-8854	
HYPNOTHERAPY				
☐	Amy Rosner, PhD	info@amyrosner.com www.amyrosnet.net	480-269-2807	
ACUPUNCTURIST				
☐	Danielle Dickshinski, LAc, RMT	Thriving with Eastern Medicine & Acupuncture 3660 E. University Dr., Ste. 5A, Mesa, AZ 85205 www.temacupuncture.com	203-687-0069	Women's Empowerment Leader and Transformational Life & Energy Coach
TRANSCRANIAL MAGNETIC STIMULATION (TMS)				
☐	LIGHTHOUSE TMS CENTERS	4001 E Baseline Rd Ste 204, Gilbert AZ 85234 www.LighthouseTMS.com	480-565-6440	TMS Therapy



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☐	Future Forward Wellness	3610 N 44th St Ste 210, Phoenix , AZ 85018 www.futureforwardwellness.com	602-441-4921	TMS Therapy
☐	Sierra Tucson	39580 S. Lago del Oro Parkway, Tucson , AZ 85739 www.sierratucson.com	855-978-3508	TMS Therapy
KETAMINE CLINIC				
☐	Arizona Ketamine Treatment & Research Institute (AKTARI)	2155 E Conference Dr Ste 101, Tempe, AZ 85284 www.arizonaketamine.com	480-626-2727	IV Ketamine infusion
☐	Ketamine Wellness Centers (KWC)	2152 S. Vineyard Plaza, Suite 131, Mesa AZ 85210 www.ketaminewellnesscenters.com	480-788-8539	IV Ketamine infusion
☐	ReNew Infusions	4001 E Baseline Rd Ste 104, Gilbert, AZ 85234 www.renewinfusions.com	480-630-1733	IV Ketamine infusion
☐	Ketamine America	4838 E Baseline Rd, Bldg 2, Ste 110, Mesa, AZ 85206 www.ketamineamerica.com	480-426-0767	IV Ketamine infusion
ELECTROCONVULSIVE THERAPY (ECT)				
☐	Maricopa Integrated Health System (MIHS)	2601 East Roosevelt Street, Phoenix , AZ 85008 www.mihs.org	602-344-5011	Inpatient ECT
☐	AURORA Behavioral Health	6350 S Maple Ave, Tempe AZ 85283 6015 W Peoria Ave, Glendale , AZ 85302 www.auroraarizona.com	480-345-5400	Inpatient ECT
SUPPORT GROUP / ORGANIZATION				
☐	Depression and Bipolar Support Alliance	www.dbsalliance.org		Depression/bipolar support group
☐	Jacob's Mission Community Center Advocacy, Support, & Assistance (ASA)	www.ASANow.org	623-428-1592	Support families and children who are involved in foster care and/or adoption services
☐	ICAN/CCYSA Chandler Coalition on Youth Substance Abuse	www.icanaz.org/programs/ccysa www.ccysachandler.org	480-821-4207	Support youth dealing with substance abuse, mental health challenges, and social issues
☐	Not My Kid	www.notmykid.org	602-652-0163	Support youth dealing with substance abuse, mental health challenges, and social issues
LGBTQ SUPPORTIVE FACILITIES				
☐	Available for download at www.LighthouseTMS.com/lighthouse-forms			